

William B. Umstead State Park

Legend

	Accessible		Ranger Residence
	Amphitheater		Restroom
	Boat Rental		Rex Hospital 919-783-3100
	Boundary		EMERGENCY Dial 911
	Group Camp		Gravel
	Information		Paved
	Lodge (Primitive)		Tent/Trailer Camping
	Multiuse Trailhead Parking		Trails
	No Swimming		Bike
	Park Gate		Bridle
	Park Office		Greenway
	Parking		Hiking
	Playing Field		Maintenance
	Picnicking		Water for Horses
	Point of Interest		Youth Camp
	Public Telephone		

Trails

Trail	Difficulty	Distance	Identification
Multiuse Trail	moderate	13.0 miles	red circles
Campground Spur	easy	.4 miles	white circles
Company Mill Trail	moderate	5.8 miles	orange squares
Company Mill Spur	easy	.2 miles	white diamonds
Inspiration Trail	easy	.3 miles	blue diamonds
Loblolly Trail*	moderate	2.7 miles	blue squares
Oak Rock Trail	easy	.6 miles	white squares
Pott's Branch Trail	easy	1.25 miles	orange diamonds
Sal's Branch Trail	moderate	2.75 miles	orange circles
Sycamore Trail	moderate	7.2 miles	blue triangles

* DISTANCE TO PARK BOUNDARY

